Analysis of Factors Causing Lost To Follow Up of HIV Patients in Performing Antiretroviral Treatment at the Kencong Jember Health Center (Faiqatul Hikmah S.KM.,M.Kes)

Septianingtyas Risti Anggraeni

Study Program of Medical Records Health Programs

ABSTRACT

The key to the success of HIV / AIDS treatment is ARV therapy. Continuous therapy can inhibit the spread of HIV infection in the body and improve the quality of life of patients. Lost to follow-up is the absence of the patient to return to the VCT clinic according to the date of the drug agreement and consultation. The Kencong Community Health Center found a problem regarding lost to follow up. The cause of lost to follow up suspected due to factors that can be related to Lawrence Green's theory such as presdiposing factors (knowledge, attitudes), enabling factors (patient books and help cards), and reinforcing factors (motivation, SOP). The purpose of this research was to analyze the factors that can cause lost to follow up antiretroviral (ARV) treatment in HIV patients in Kencong Health Center. The type of this research was qualitative and this research used 6 patients, 1 counselor and 1 doctor as respondent. The results of this research shows that the knowledge of patients is still lacking, especially way of virus transmission and the side effects caused and the location of the HIV virus in the body, meanwhile scheduling knowledge of patient is good. Respondents have a positive attitude towards ARV treatment. The book which use to record the patient's visit data has been deemed capable to control the arrival of patient. There are still many patients who don't carry a patient card when they want to take medicine. Counselors and doctors have provided the best motivation during the counseling process. Kencong Puskesmas still does not have SOP about lost to follow up.

Key words: lost to follow-up, HIV patients, ARV treatment.