

The Relationship between Clean and Healthy Living Behavior

Students Against Hepatitis A

In Kecamatan Summersari Jember

Sayekti Nur Rizka

Clinical Nutrition Study Program

Department of Health

ABSTRACT

Clean and Healthy Living Behavior (PHBS) is an effort to provide learning experiences or create conditions for individuals, families, groups and communities, by opening lines of communication, providing information and conducting education to increase knowledge. Environmental health problems are important determinants in the health sector. Changing environmental conditions will have an impact on changing public health conditions and will cause various diseases caused by an unsanitary environment, one of which is hepatitis A. Hepatitis A is a liver disease caused by the hepatitis A virus (HAV). This study aims to determine the relationship of clean and healthy living behavior in students to the incidence of hepatitis A in Summersari Jember District. The research design used is an analytical survey method with a case control design. The number of samples was 58 respondents with the technique of taking using the technique (Simple Random Sampling). Statistical analysis of this study used SPSS 16.0 for Windows with chi square correlation test. The results showed that there was a relationship between clean and healthy living behavior with the incidence of hepatitis A ($p= 0.036$), there was a relationship between knowledge of clean and healthy living behavior with the incidence of hepatitis A ($p= 0.028$). The conclusion of this study is that there is a relationship between clean and healthy living behavior and knowledge of clean and healthy living behavior with the incidence of hepatitis A in Summersari Jember District.

Key words: Haptitis A, Clean and Healthy Life Behavior