

Development of Emo Demo Module Regarding Healthy Snacks for Elementary School Children

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ABSTRACT

The habit of snacking carelessly and not sorting out what food is healthy can cause many diseases such as cough, sore throat, diarrhea, typhoid, and even poisoning so that it can interfere with the growth of the child. This study developed an Emo Demo module on healthy snacks for elementary school-aged children which is expected to be more successful in increasing knowledge in choosing healthy snacks for elementary school children. The research method used is Research and Development Research and Development (R&D) with the RDR (Research Development Research) development research model which has 3 stages namely Research, Development and Research. The analysis used is descriptive qualitative and quantitative analysis. The research was carried out at MI Nurul Islam Jarit in April 2021. Validation by media experts got 92% (very good) results, material validation 82% (very good), and teacher tests 84% (very good). The trial that resulted in acceptance by 35 research subjects taken by purposive sampling got an average value of 92% (very good).

Keywords: Elementary school children, healthy snacks, Emo Demo module