

The Relationship Between Having A Right Dietary Approach and The Timeliness of Meal Distribution Toward Hypertensive Patients Acceptability in dr.H.Koesnadi Bondowoso Hospital.

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ABSTRACT

Hypertension occurs when the relation between blood volume and the total of peripheral resistance has changed, therefore it requires special attention to their treatment, like having a right dietary approach and managing the timeliness of meal distribution to stimulate their desire to eat among the patients. This success can be measured by looking on the meal which leftover by the patient. The purpose of this study is to analyze the relationship between having a right dietary approach and managing the timeliness of meal distribution toward hypertensive patients acceptability in dr.H.Koesnadi Bondowoso. Public Hospital. This study used a cross-sectional study and applied accidental sampling. The having a right dietary approach was assessed through an observation on patient dietary meal which ordered by nutritionist then compared with the dietary meal which served by a food service worker. Meanwhile, the right management on timeliness of meal distribution assessed by observing the allocation of time needed to deliver meals to the patient and comparing it with the timeliness that has been arranged by the hospital. Assessment rate of patient acceptability on meals was measured using Comstock 5 points. The number of subjects on this research were 39 respondents. The conclusion of this study showed that there is no any significant impact between having a right dietary approach ($p = 1.000$) and there is no correlation between the timeliness of the distribution ($p = 1.000$) toward the acceptance rate of hypertensive patients in dr.H.Koesnadi Bondowoso Public Hospital.

Keywords: hypertension, right dietary approach, timeliness of distribution, food waste