

***The Effect of Taburia Consumption on Changes in Intake Malnutrition
Toddlers at Puskesmas Rambipuji Kabupaten Jember***

(Pengaruh Konsumsi Taburia Terhadap Perubahan Asupan Makan pada Balita
Bawah Garis Merah di Wilayah Kerja Puskesmas Rambipuji Kabupaten Jember)

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ABSTRACT

Toddlers are a nutritious age group and disease. Under-five children with malnutrition can lead to disruption of physical, mental and spiritual growth and development. The government makes new innovations as a way to overcome nutritional deficiencies in children under five that is in the form of Taburia containing vitamins and minerals needed by children under five. Taburia contains 12 kinds of vitamins and 4 minerals that are needed to overcome the problem of micro nutrients, namely to increase nutrient intake and improve the quality of toddler's food through increased appetite. The purpose of this study was to determine the effect of Taburia administration on changes in malnutrition toddler intake at Puskesmas Rambipuji Jember District. This research uses experimental or experimental research method with one group pre test - post test design. Respondents in this study consisted of 40 malnutrition toddler. The sampling technique uses total sampling. Instruments used form recall 1 x 24 hours, respondents identity form, observation intake form, Taburia compliance form. Data were analyzed by Paired T-Test and Wilcoxon test, followed by Linear Regression test. The results showed that Taburia can increase intake of dietary (energy, protein, fat, and carbohydrate) of obede and non-obedient malnutrition toddlers in the working area of Rambipuji Public Health Center of Jember District (sig. 0.000). There are differences in dietary intake (energy, protein, fat, and carbohydrates) of malnutrition toddlers after intervention in obedient or non-compliance (sig. 0.000). It is advisable for further researchers to continue the research by taking other variables related to changes in dietary intake and adherence to infants.

Keywords : *Compliance, Intake, Malnutrition Toddler, Taburia.*