Analysis of the Implementation of the Blood Addition Tablet Program on Female Teenagers in the Work Area of Public Health Center in Candipuro Lumajang Regency in 2019

Alivia Hania Syah Putri Study Program of Clinical Nutrition Majoring of Health

ABSTRACT

Anemia is one of 6 nutritional problems in Indonesia today. Based on the results of Riskesdas (Kemenkes RI, 2018) the proportion of anemia in pregnant women in Indonesia is 46.9% and anemia in adolescents is 48.9%. Based on this, anemia is more of a disaster in adolescents. One of the government programs to overcome the problem of iron deficiency anemia in young women is offering iron tablets. Most of the implementation of this program has not been in accordance with the technical guidelines (juknis) for its implementation. This study aims to analyze the implementation of a program that offers blood-added tablets to young women, especially in the working area of the Candipuro Public Health Center, Lumajang Regency in 2019. This type of research is a descriptive survey using qualitative methods. There are 4 aspects analyzed in this study, namely input, process, output and program improvement strategies. In the input aspect, only human resources are in accordance with the Guidelines for the Management and Prevention of Anemia in Young Women and Women of Fertile Age 2016. In the aspect of the process, only the calculation of the appropriate targets, while in the output aspect everything is still not suitable. Strategies for improving the implementation of the program by offering blood-added tablets to young women in the working area of the Candipuro Community Health Center in other Lumajang Regency: 1) Increasing the capacity of those involved in the implementation of the program to offer iron tablets. 2) Increase in promotion and outreach activities to convey information on the importance of consuming TTD. 3) Increased commitment of health workers to maximize the implementation of the program of offering iron tablets to young women. 4) Improvement of facilities and infrastructure to support the TTD program.

Keywords: Analysis, Blood added tablet, Input, Output, Process, Teenegers