

**HUBUNGAN PENERAPAN MUSIK INSTRUMENTAL TERHADAP
TINGKAT KECEMASAN PASIEN di KLINIK KIA PUSKESMAS
SUMBER WRINGIN KABUPATEN BONDOWOSO** (*Relationship
of Application Instrumental Music for Patient Anxiety Level on Poli
KIA at Community Health Centre Sumber Wringin
Bondowoso Regency*)

Roni Sandi Arifin
Study Program of Medical Record
Majoring of Health

ABSTRACT

Anxiety is an unpleasant feeling or psychological condition that is full of worries and fears about what might happen, both with regard to limited issues, as well as strange things. The application of instrumental music is a technique for being able to divert an unpleasant feeling or sensation is caused by anxiety. The purpose of this research is to know the relationship that occurs before and after the application of instrumental music to the level of anxiety patient. This research uses Pre-Experimental design method with One-Group pretest posttest. The sample of this research is 15 people selected as accidental or anyone found in poli KIA at the time of the research. This research uses the test of Two Related Sample Test Wilcoxon. This research shows the result p value 0.001. Thus, the conclusion of this research there are differences in the level of anxiety patient before and after giving the instrumental music on poli KIA community health centre Sumber wringin Bondowoso regency.

Key words : *anxiety, instrumental music*