

Knowledge Relation of Cigarette Smoking and Smoking Habit to Nutritional Status of Students in the Department of Automotive Engineering State Polytechnic of Jember

**Saiful Haris ¹⁾ Ir. Rindiani, MP ²⁾
dr. Arinda Lironika, Mkes ³⁾**

ABSTRACT

Besides causing illness, smoking has also become one of the biggest causes of death in the world. The main causes of death of smokers are cancer, heart disease, lungs, and stroke (Sari, 2007). Smoking is a problem in society that can cause many losses both in terms of socioeconomic and health and even death (Ministry of Health RI, 2011). The purpose of this research is to know the correlation between knowledge of the danger of smoking and smoking habit to the nutritional status of the students in the department of automotive engineering of polytechnic of jember country. This research design uses analytical survey method with cross sectional wakeup design. The number of samples taken as many as 55 people. The sampling technique was using simple random sampling technique. The research was conducted in the technique of automotive polytechnic of jember country on November. The conclusion in this research is there is relationship ($\alpha > 0,05$) between cigarette knowledge, smoking habit on the nutritional status of students of automotive engineering polytechnic of jember country.

Keywords : Knowledge, Cigarette, Smoking, Nutrition

- 1) Student of Politeknik Negeri Jember, Departemen of Health, Studi Prgram of D-IV Clinical Nutrition
- 2) Lectures of Politeknik Negeri Jember, Departemen of Health, Studi Program of D-IV Clinical Nutrition
- 3) Lectures of Politeknik Negeri Jember, Departemen of Health, Studi Program of D-IV Clinical Nutrition