

Kajian Pembuatan Biskuit Tepung Biji Nangka dan Tepung Wortel sebagai PMT Pemulihan untuk Balita Gizi Kurang Usia 24-59 Bulan (Study the Production of Biscuit from Jackfruit Seeds Flour and Carrots Flour as PMT Recovery for Malnutrition Toddlers Aged 24-59 Months)

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ABSTRACT

Deficiency of energy protein being a nutrition and public health high problem in indonesia. Supplementary food recovery is a form of intervention nutrition to overcome malnutrition in toddlers. This study aim was to resolved biscuits the jackfruit seeds flour and flour carrot biscuits recovery as supplementary food to be provided for toddlers malnutrition aged 24-59 months. Based on the research that has been done it can be concluded that the nutritional value of protein and vitaminin biscuits from jackfruit seeds flour and carrot flour showed significantly different between each treatment. Making biscuits the Jackfruit Seeds Flour and flour carrot as supplementary food to be provided recovery different (significant) against the hedonik and quality of hedonik based on the aspect of color , taste , aroma , and texture. The best treatment in making biscuits the jackfruit seeds Flour and flour carrot was on A2 treatment by comparison the jackfruit seeds Flour and flour carrot 90 %: 10 %. Giving food supplement recovery with biscuits for jackfruit seeds flour and flour a carrot in a day under the terms of the protein 15-20 grams per day were 13-16 puck biscuits.

Keywords: Carrots Flour, Jackfruit Seeds Flour, PMT Recovery