

Hubungan Ketepatan dan Kepatuhan Diet Dengan Kesembuhan Luka pada Pasien Pascabedah Laparatomi di Rumah Sakit Umum Daerah Waluyo Jati Kraksaan Kabupaten Probolinggo (*Relations Accuracy and Compliance Diet with Healing Wounds on Post Laparatomy Patients in RSUD Waluyo Jati Kraksaan Kabupaten Probolinggo*)

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ABSTRACT

Laparatomy is the type of a surgical operation major which carried on the abdominal. The dissection done with incision abdomen wall layers to get part of abdomen that have trouble. Several factors can affect post laparatomy wound healing, one of these is the nutrient intake. Incidence in Indonesia showed cases laparotomy is increasing from 162 cases in 2005 became 983 cases in 2006 and 1281 cases in 2007, then prevalence laparatomy at RSUD Waluyo Jati Kraksaan 110 patients in 2013 and increase in of 148 patients in 2014. The purpose of this research to know the relationship the exactness and compliance diet with healing wounds in patients post laparatomy in RSUD Waluyo Jati Kraksaan Kabupaten Probolinggo. A design used in this research was the cross sectional as the proportion of respondents as many as 19 people. The results of the analysis obtained is the relationship between the accuracy of diet Protein with healing wound ($p=0,013$), there is a connection between the accuracy of diet Vitamin A with healing wound ($p=0,003$), there is a connection between the accuracy of diet Vitamin C with healing wound ($p=0,001$), there was no correlation between the accuracy of diet Zinc with healing wound ($p=.$), and there are the relationship between compliance diet with healing wound ($p=0,013$). Based on this research it is suggested that RSUD Waluyo Jati Kraksaan see the nutrients affecting healing wound in food given to patients post laparatomy.

Keywords: *The Accuracy of A Diet, Compliance Diet, Healing Wounds*