

*The Giving of Golek Mango (Mangifera indica L.) Uric Acid Levels on Changes
Outpatient Hyperuricemia In sub-district Puskesmas Kalisat Kalisat Jember*

Leny Joice Malince, Rindiani, Zora Olivia

*Clinical Nutrition Study Program
Health Programs*

ABSTRACT

Uric acid (gout) is part of the purin metabolism. In normal circumstances, uric acid in the urine excretion together through the kidneys. The purpose of this research is to difference the giving of mango golek (Mangifera indica L) against the level of uric acid on patients with hiperurisemia. The type of this research is to use the design Quasi Experiment with Pretest-Posttest design with Control Group. Sampling techniques that is used with sampling purposive number of samples as much as 42 patients with uric acid which is divided into 2 groups namely 21 respondents treatment groups and 21 respondents control groups. The results of this study were analyzed using Independent tests T-Test. The results of the analysis with Independent T-Test shows the value p value = 0,034 (p value < 0.05). The conclusion from this research is that there are differences in the level of uric acid between the control group with the group of the treatment of decreased uric acid in the blood of patients with uric acid

Keywords: golek mango, uric acid, hyperuricemia.

the Polytechnic of Jember, Department of Health, Department of Clinical Nutrition D-IV.