

***Corelation Between Diet Compliance GFCF (Gluten Free Casein Free) And
Support Families With Autistic Children Behavioral Disorders In
The SLB Subdistrict Of Jember Patrang***

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ABSTRACT

Autism is a brain development disorder that resulted in children can not communicate and can not express feelings and desires, so that the behavior of the disturbed relationships with others. Autistic child's diet compliance is very important in choosing foods and dietary set up an autistic child especially in the running of the GFCF diet. The mother should have knowledge of them knowing a food source that sourced gluten and casein, knowing the ingredients of foods that do not make conditions more danger, knowing the appropriate diet for autistic children, knowing how good processing as well as knowing the impact for the autistic child when consuming food sourced gluten casein. The purpose of this research is to know the relationship between compliance of diet GFCF (Gluten Free Casein Free) and support families with autistic children behavioral disorders in the (SLB subdistrict of Jember Patrang). The research design used cross sectional. This research was conducted for one week. The entire student population number of autistic children in the SLB subdistrict of Jember District Patrang and the number of samples as much as 21 respondents. Sampling techniques using total sampling. Research instruments include a form of Food Frequency Questioner, family support and observation of behavioral disorders in children. Statistical tests used are test Spearman Rank. Spearman Rank test results there is a relationship between the level of compliance of children with behavior disorders ($p = 0.000$), there is a relationship between family support with disorders of behavior ($p = 0.003$).

Keywords: Autism, GFCF diet compliance and Support Families