

***Making Snakes And Ladders Games of Kids Snack as Nutritional Education Media in Choosing Healthy Snacks For Students At Elementary School 3
Patokan Situbondo***

Novia Rahmawati
Clinical Nutrition Study Program
Health Department

ABSTRACT

Children in school age are between 6 - 12 years old who cannot predict the level of danger, including the danger level of food, so that they often experience various kinds of disease threats caused by lack of food safety. Giving them about nutrition education can optimize the delivery of the message to students to overcome the problems that occur. One types of effective educational media for elementary school student is snakes and ladders game. The purpose of this study was to make the snakes and ladders game for children as a media for nutrition education need in choosing healthy snacks for elementary school students. The type of research used was Research and Development (R & D). The subjects in this research were 34 students. The process of collecting data used primary data of interview and poll, while secondary data was from a preliminary study. The results showed that the material validation got a score 88% (very feasible), material validation 96% (very feasible), and the results of the trial on students was 89% (very feasible). The conclusion in this study was that educational media of snakes and ladders game of Kids Snack that had been made through all processes was feasible to be used as nutritional education material for students.

Keywords: elementary school children, healthy snacks, snakes and ladders games of kids snack media.