

The Relationship Between Giving Message of KADARZI (Keluarga Sadar Gizi) with Knowledge of Mothers and Nutritional Status of Toddlers in the Region of Wuluhan Health Centre Jember District

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ABSTRACT

Malnutrition commonly occur to toddlers one of the factors affect is knowledge of mothers. The mothers' knowledge about nutrition is still low especially about KADARZI (Keluarga Sadar Gizi) and it can be caused due to the KADARZI program has not been right on target. One of the causes why the KADARZI program has not been right of the target is the lack of a health promotion about the KADARZI program. This research aims to know the relationship between giving message of KADARZI (Keluarga Sadar Gizi) with knowledge of mothers and nutritional status of toddlers in the region of Wuluhan health centre Jember District. The type of this research is an praexperiment research with a design of one group pretest-posttest. The number of subjects is 28 toddlers. The technique of sampling is total sampling. Giving message of KADARZI (Keluarga Sadar Gizi) as Free variable, where as mothers' knowledge and nutritional status of toddlers as bound variable. The instruments used flyer or calender, questionnaires, and weigh the weight of toddlers. Data analysis is using correlation Spearman's Rank, and wilcoxon. The results showed that there is a relationship between giving message of KADARZI (Keluarga Sadar Gizi) with the knowledge of the mother ($p = 0,001$) and nutritional status of toddler ($p = 0,039$). There is a difference between before and after on the mother's knowledge ($p = 0,001$) and nutritional status toddler ($p = 0,046$), it is recommended for further researchers to continue the research by taking other variables related to the nutritional status of toddlers.

Keywords: KADARZI, Knowledge, Nutritional Status.