

ABSTRACT

YOHAN YUANTA, Effect of infusion Rosella (*Hibiscus Sabdariffa* L) to Decrease Uric Acid Levels in Women Menopause Patients with Uric Acid in the Technical Unit Social Services Elderly of Banyuwangi, Supervised by Ir. HERI WARBITO ,M.P and dr. ARISANTY NUR SETIA R.

The objective of this study was to determine the effect of steeping Rosella (*Hibiscus Sabdariffa* L) to decrease uric acid levels in menopausal women that high uric acid in the Technical Unit Social Services Elderly of Banyuwangi. The research was carried out on June 24th through July 5th, 2013 in the Technical Unit Social Services Elderly of Banyuwangi. Types of research used in this study is the Pre Experimental One group pre test - post test design involving 17 respondents as a research subject providing steeping Rosella for 10 days, each 1.5 grams of roselle and 200 cc of water for given 2 times a day after breakfast and dinner. Data were analyzed using the Wilcoxon test results. The results showed the difference before and after the intervention ($p < 0,05$). This study concludes that steeping Rosella can lower blood uric acid levels in postmenopausal women gout sufferers.

Keywords: Rosella, Menopause, Uric Acid