

The Relationships Food Frequency Toddler, Knowledge and Attitudes of Mothers about Nutrition Conscious Families (KADARZI) on Nutritional Status Toddler in The District Jember County Jenggawah

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ABSTRACT

Age children (ages 1 to 3 years) are most vulnerable groups often suffer from malnutrition. Various efforts and activities of the handling of cases of malnutrition, among others done by overcoming VAD, the prevention of nutritional anemia and iron, prevention of malnutrition with supplementary feeding, prevention of IDD, and weighing Toddlers regularly in Posyandu. Handling cases of malnutrition in the above can be said as well as Kadarzi. The research method uses observational method with cross sectional approach. Subject meticulous is 241 toddlers. The sampling technique used is propotionate Random Sampling. Data analysis using Spearman's rank correlation test. The results showed there is a significant relationship between food frequency toddlers ($p = 0.000$ and $r = 0.368$) and knowledge of the mother of the family aware of nutrition (Kadarzi) ($p = 0.001$ and $r = 0.207$) on the nutritional status toddler, but no relationship significantly between maternal attitudes about nutrition conscious families (Kadarzi) ($p = 0.141$ and $r = 0.095$) on the nutritional status of toddlers. It is suggested for further research to continue his research by examining other variables associated with infant nutritional status and or do research comparison between normal children with malnutrition. In addition, further research is also expected to determine first where the target Posyandu plenty to do research in order to not spend a lot of time during the study.

Keywords: *Food Frequency Toddler, Knowledge of Mothers about KADARZI, Attitudes of Mothers about KADARZI and Nutritional Status Toddler.*

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