

DAFTAR PUSTAKA

- Amalia, L., Endro, O. P., & Damanik, R. M. (2016). Preferensi Dan Frekuensi Konsumsi Makanan Jajanan Pada Anak Sekolah Dasar Di Kecamatan Cijeruk, Kabupaten Bogor. *Jurnal Gizi dan Pangan*, 7(2), 119. <https://doi.org/10.25182/jgp.2012.7.2.119-126>
- Anugraheni, D. D., Mulyana, B., & Farapti, F. (2019). Kontribusi Bekal Makanan Dan Total Energi Terhadap Status Gizi Pada Anak Sekolah Dasar. *Amerta Nutrition*, 3(1), 52. <https://doi.org/10.20473/amnt.v3i1.2019.52-57>
- Ariawan, I. G. N., Prihayanti, N. K. T., Purnama, P. M. D. A., Susanti, I. A., Dharmayanti, N. M. S., Diastuti, N. N. P., & Devi, N. L. P. S. (2021). Faktor-Faktor Yang Berhubungan Dengan Status Gizi Pada Anak Usia Sekolah di SD 4 Peneb. *Dunia Keperawatan: Jurnal Keperawatan dan Kesehatan*, 9(1), 16. <https://doi.org/10.20527/dk.v9i1.8097>
- Arsyih, Y., et al. (2019). Ketepatan pemorsian hidangan di RSUD Dr. Tjitrowardojo Pekalongan. *Jurnal Nutrisi Indonesia*.
- Astari, A. P., & Kadaryati, S. (2021). Ketepatan pemorsian hidangan di RSUD Dr . Tjitrowardojo Purworejo Accurate of serving dishes at Dr . Tjitrowardojo Purworejo hospital Abstrak Pendahuluan Metode. 6(1), 33–40.
- Astari, A. P., Setyowati, S., & Kadaryati, S. (2021). Ketepatan pemorsian hidangan di RSUD Dr. Tjitrowardojo Purworejo. *AcTion: Aceh Nutrition Journal*, 6(1), 33. <https://doi.org/10.30867/action.v6i1.351>
- Atasasih, H., & Aziz, A. (2022). Relationship of Food Acceptance With Energy And Protein Consumption Levels of Santriwati. *Jurnal Kesehatan Komunitas*, 8(1), 73–78. <https://doi.org/10.25311/keskom.vol8.iss1.940>
- Aulia, J. N. (2022). Masalah gizi pada anak usia sekolah. 11(April), 22–26.
- Barahona, M., Granfeldt, Y., & Östbring, K. (2025). Relationship between meat texture and chewing patterns in children. *Food Quality and Preference*, 122, 105846. <https://doi.org/10.1016/j.foodqual.2025.105846>
- Brunstrom, J. M., & Rogers, P. J. (2016). Appetite and energy balancing. *Physiology & Behavior*, 164(Part B), 465–471. <https://doi.org/10.1016/j.physbeh.2016.03.038>
- Byker Shanks, C., Banna, J., & Serrano, E. L. (2017). Food waste in the National School Lunch Program 1978–2015: A systematic review. *Journal of the Academy of Nutrition and Dietetics*, 117(11), 1792–1807. <https://doi.org/10.1016/j.jand.2017.06.008>

- Caine-Bish, N. L., & Scheule, B. (2019). Gender differences in food preferences of school-aged children and adolescents. *Journal of School Health*, 79(11), 532–540. <https://doi.org/10.1111/j.1746-1561.2009.00445.x>
- Cendanawangi, D. N., Tjaronosari, T., & Palupi, I. R. (2016). Ketepatan porsi berhubungan dengan asupan makan pada lanjut usia di Panti Sosial Tresna Werdha Budi Luhur, Bantul, Yogyakarta. *Jurnal Gizi dan Dietetik Indonesia (Indonesian Journal of Nutrition and Dietetics)*, 4(1), 8. [https://doi.org/10.21927/ijnd.2016.4\(1\).8-18](https://doi.org/10.21927/ijnd.2016.4(1).8-18)
- Chambers, L. (2016). Food texture and early satiety signals. *Nutrition Bulletin*. <https://doi.org/10.1111/nbu.12221> Wiley Online Library
- Chen, J., Chen, J., & Chen, F. (2022). A review on children's oral texture perception and preferences in foods. *Critical Reviews in Food Science and Nutrition*, 62(30), 8495–8511. <https://doi.org/10.1080/10408398.2022.2136619>
- Chen, J., Chen, J., & Chen, F. (2022). A review on children's oral texture perception and preferences in foods. *Critical Reviews in Food Science and Nutrition*, 62(30), 8495–8511. <https://doi.org/10.1080/10408398.2022.2136619>
- Child characteristic correlates of food rejection in preschool children. (2024). *Appetite*, 191, 107100. <https://doi.org/10.1016/j.appet.2023.107100>
- Chrisyanti, R. N. (2016). Gambaran Kesesuaian Standar Porsi, Pola Menu dan Status Gizi Remaja Putri Di Pondok Pesantren Al Anwar Mranggen. *Karya Tulis Ilmiah*, 1–61.
- Cropotova, J., Mytlewski, A., Kulikowski, K., Rustad, T., & Myrmel, L. S. (2021). Sensory and physicochemical quality characteristics of haddock fish cake enriched with Atlantic mackerel. *Foods*, 10(5), 1057. <https://doi.org/10.3390/foods10051057>
- Diana, R., & Sulistiyani, S. (2025). Preferensi makanan, kebiasaan makan, dan status gizi anak usia sekolah di perkotaan. *Jurnal Gizi dan Kesehatan*, 8(3), 123–134. <https://doi.org/10.20473/amnt.v8i3SP.2025.123-134>
- Fitriani, J. I. (2023). *Gambaran Karakteristik Siswa Sd, Daya Terima Dan Kesesuaian Standar Porsi Dengan Akg Pada Pada Penyelenggaraan Makanan (Studi Di Sd Al-Furqan Jember)*.
- Fitriani, J. I., & Sulistiyani, S. (2024). Karakteristik Siswa, Daya Terima, dan Kesesuaian Standar Porsi dengan Angka Kecukupan Gizi pada Penyelenggaraan Makan Siang di SD Al Furqan Kabupaten Jember. *Amerta Nutrition*, 8(3SP), 285–294. <https://doi.org/10.20473/amnt.v8i3sp.2024.285-294>
- Forde, C. G., & de Graaf, C. (2022). Influence of sensory properties in moderating eating

- behaviors and food intake. *Frontiers in Nutrition*.
<https://doi.org/10.3389/fnut.2022.841444> Frontiers
- Hanim, B., Ingelia, I., & Ariyani, D. (2022). Kebiasaan Sarapan Pagi dengan Status Gizi Anak Sekolah Dasar. *Jurnal Kebidanan Malakbi*, 3(1), 28.
<https://doi.org/10.33490/b.v3i1.570>
- Hanun, N., Yuliana, I., & Ija, M. (2023). Analisis Besar Porsi dan Biaya Daging Ayam Terhadap Standar di Instalasi Gizi Rumah Sakit Umum Pusat Dr. Mohammad Hoesin Palembang. *Jurnal Ners*, 7(1), 693–697. <https://doi.org/10.31004/jn.v7i1.14016>
- Hummel, T., & Landis, B. N. (2019). Sensory system development in children. *Current Opinion in Otolaryngology & Head and Neck Surgery*, 27(1), 1-6. <https://doi.org/10.1097/MOO.0000000000000487>
- Kahl, G. (2015). Pgrs. In *The Dictionary of Genomics, Transcriptomics and Proteomics* (hal. 1–1). <https://doi.org/10.1002/9783527678679.dg09374>
- Kaim, A., Paterson, S., & Blissett, J. (2024). Texture properties and children's eating behavior: The influence on vegetable intake. *Appetite*, 194, 107520.
<https://doi.org/10.1016/j.appet.2024.107520>
- Keller, K. L., Pearce, A. L., Fuchs, B., Hallisky, K., Rolls, B. J., et al. (2023). Children with lower ratings of executive functions have a greater response to the portion size effect. *Appetite*, 186, 106569.
<https://doi.org/10.1016/j.appet.2023.106569>
- Kemendikbud. (2017). Peraturan Menteri Pendidikan dan Kebudayaan No. 23 Tahun 2017 Tentang “Hari Sekolah.” *Peraturan Menteri*, 1–9.
- Kementerian Kesehatan. (2023). Suvei Kesehatan Indonesia (SKI). *Laporan Tematik SKI 2023*, 965.
<https://www.badankebijakan.kemkes.go.id/laporan-tematik-ski/>
- Latersia, Y., Alfinnia, S. A., & Muniroh, L. (2022). Hubungan Antara Perilaku Makan dan Healthy Eating Index dengan Status Gizi Anak Usia Sekolah di SDI Darush Sholihin Kabupaten Nganjuk. *Media Gizi Kesmas*, 11(2), 581–588.
<https://doi.org/10.20473/mgk.v11i2.2022.581-588>
- Laureati, M., et al. (2021). Intake of fibre-associated foods and texture preferences in relation to weight status among 9–12 years old children in six European countries. *Frontiers in Nutrition*. <https://doi.org/10.3389/fnut.2021.633807>
- Lee, S. K., Park, S., & Kim, H. (2020). Effects of school lunch portion size on energy intake and nutritional adequacy in children. *Nutrients*, 12(3), 720.

<https://doi.org/10.3390/nu12030720>

Leviana, S., & Agustina, Y. (2024). Analisis Pola Makan dengan Status Gizi Pada Siswa-Siswi Kelas V di SDN Jatiwaringin XII Kota Bekasi. *Malahayati Nursing Journal*, 6(4), 1635–1656.

<https://doi.org/10.33024/mnj.v6i4.10864>

Lintang, S., & Ariyanto, S. (2024). Hubungan daya terima makanan dengan tingkat kecukupan zat gizi makro siswa asrama MAN Temanggung. *Indonesian Journal of Public Health Nutrition*, 4(1).

Liu, S., Herring, J. L., & Zhang, J. (2018). Effect of par-frying on composition and texture of breaded and battered catfish. *Foods*, 7(4), 46. <https://doi.org/10.3390/foods7040046>

MAHESA: Malahayati Health Student Journal. (2023). Gambaran pola makan pada anak usia sekolah di SDN Pondok Kelapa 06 Jakarta Timur. *MAHESA*, 3(11), 3400-3418.

Martins, Y., Pelchat, M. L., & Pliner, P. (2017). “Try it; it’s good and it’s good for you”: Effects of taste and nutrition information on willingness to try novel foods. *Appetite*, 39(1), 89–101. <https://doi.org/10.1016/j.appet.2002.02.001>

methers, A. D., Roe, L. S., Sanchez, C. E., Zuraikat, F. M., Keller, K. L., Kling, S. M. R., & Rolls, B. J. (2019). Portion size has sustained effects over 5 days in preschool children: a randomized trial. *The American Journal of Clinical Nutrition*, 109(5), 1361–1372. <https://doi.org/10.1093/ajcn/nqy383>

Munifa, M., & Dhini, D. (2022). Analisis daya terima terhadap variasi menu makanan lengkap pada anak usia 1 – 6 tahun. *Jurnal Forum Kesehatan : Media Publikasi Kesehatan Ilmiah*, 10(2).

<https://doi.org/10.52263/jfk.v10i2.209>

Muthia, A., & Pratama, R. (2023). Faktor yang mempengaruhi preferensi makanan pada anak usia sekolah di sekolah dasar. *Jurnal Nutrisi Masyarakat Indonesia*, 18(2), 102-110.

Nasution, E., Sihotang, U., & Tamba Febrian, M. (2023). Gambaran Jenis Makanan Jajanan dan Asupan Zat Gizi Makro Pada Anak SD Negeri 104244 Jati Sari Lubuk Pakam. *Wahana Inovasi*, 12(2), 104–108.

Nicklaus, S. (2016). Complementary feeding strategies to facilitate acceptance of fruits and vegetables: A narrative review of the literature. *International Journal of Environmental Research and Public Health*, 13(11), 1160. <https://doi.org/10.3390/ijerph13111160>

Ningtyias, F. W., Fiamanatillah, R. F., & Rohmawati, N. R. (2020). Kontribusi Zat Gizi Makan Siang Sekolah dan Kecukupan Gizi Terhadap Status Gizi Siswa di SD Al-Furqan Jember. *Buletin Penelitian Sistem Kesehatan*, 22(4), 265–271.

<https://doi.org/10.22435/hsr.v22i4.1297>

- Nugroho, H., & Lestari, V. (2019). Hubungan kebiasaan makan dan preferensi rasa pada anak usia sekolah dasar di Jakarta. *Jurnal Kesehatan Anak*, 10(1), 45-53.
- Nursani, A. M. (2017). Faktor-Faktor yang Berhubungan dengan Preferensi Sayur pada Siswa-Siswi Kelas 4 dan 5 Madrasah Pembangunan UIN Jakarta Tahun 2017. *Program Studi Kesehatan Masyarakat, Fakultas Kedokteran dan Ilmu Kesehatan, UIN Jakarta*.
- Oldham-Cooper, R. E., Wilkinson, L. L., Hardman, C. A., Rogers, P. J., & Brunstrom, J. M. (2017). Presenting a food in multiple smaller units increases expected satiety. *Appetite*, 118, 106–112.
- <https://doi.org/10.1016/j.appet.2017.07.024> ScienceDirect
- Pagliarini, E., Laureati, M., & Martini, S. (2021). Improving the acceptance of vegetables among school children: The Educat method. *Nutrients*, 13(2), 484.
- <https://doi.org/10.3390/nu13020484>
- Poelman, A. A. M., Heffernan, J. E., Cochet-Broch, M., & Beelen, J. (2022). Development and proof-of-concept evaluation of a sensory science-based model for product development of vegetable-based products for children (CAMPOV). *Foods*, 11(1), 96.
- <https://doi.org/10.3390/foods11010096>
- Preferensi dan Frekuensi Konsumsi Makanan Jajanan pada Anak SD di Kecamatan Cijeruk, Kabupaten Bogor.* (2024). *Jurnal Gizi dan Pangan*, IPB.
- Puspita Sari, L., Sartono, A., & Mufnaetty, M. (2021). Hubungan Daya Terima Makanan Dengan Status Gizi Anak Di Panti Asuhan Darunajah Semarang. *Jurnal Gizi Unimus*, 9–15.
- Putri, L. B. S. (2016). Kajian Kesesuaian Standar Porsi pada Menu Makan Sekolah di SD Unggulan Aisyiyah Bantul. *Poltekkes Kemenkes Yogyakarta*.
- Rahmasari, Y., Fitriani, D., & Nugroho, S. (2024). Hubungan variasi makanan dengan selera makan anak balita gizi kurang. *Gizi Kesehatan*, 16(1), 33–40.
- <https://gk.jurnalpoltekkesjayapura.com/gk/article/download/436/214/254>
- Riyanto, N. A., Lestari, D. A., Said, I., Barokah, F. I., & Oktavia, A. R. (2023). Hubungan Aktivitas Fisik , Variasi Makanan Dan Tingkat Kesukaan Terhadap Daya Terima Makanan Di Pondok Pesantren Al- Karimiyah. *Jurnal Ilmiah Hospitality*, 12(1), 5–24.
- Rosyidah, C. (2016). Hubungan Antara Tingkat Pengetahuan Dan Perilaku Anak Sekolah Dasar Mengenai Pemilihan Makanan Jajanan Dengan Status Gizi Di Sd Negeri Kudu 02 Kecamatan Baki Kabupaten Sukoharjo. *Journal of Geotechnical and Geoenvironmental Engineering ASCE*, 120(11), 259.

- Sari, A. N., & Farapti, S. (2025). Persepsi sensorik dan preferensi rasa makanan pada anak usia sekolah. *Jurnal Gizi Klinik Indonesia*, 3(1), 15-24.
- Sari, N. P., et al. (2016). Hubungan daya terima makanan dengan status gizi anak di Panti Asuhan Darunajah Semarang. *Jurnal Gizi dan Kesehatan*, 7(2), 105-112.
- Scaglioni, S., De Cosmi, V., Ciappolino, V., Parazzini, F., Brambilla, P., & Agostoni, C. (2018). Factors influencing children's eating behaviours. *Nutrients*, 10(6), 706. <https://doi.org/10.3390/nu10060706>
- Scaglioni, S., De Cosmi, V., Ciappolino, V., Parazzini, F., Brambilla, P., & Agostoni, C. (2018). Factors influencing children's eating behaviours. *Nutrients*, 10(6), 706. <https://doi.org/10.3390/nu10060706>
- Selomo, P. A. M. (2023). Status Gizi. *Pekan : Jurnal Pengabdian Kesehatan*, 2(1), 7–11. <https://doi.org/10.33387/pekan.v2i1.6808>
- Septiani, E. 2024. (2024). *I**, 2 1,2. 3(1), 39–52.
- Sorokowska, A., Chabin, D., Kamińska, A., Barszcz, S., Byczyńska, K., Fuławka, K., Urbanek, A., & Oleszkiewicz, A. (2024). *Olfactory performance and odor liking are negatively associated with food neophobia in children aged between 3 and 9 years. Nutrition Journal*, 23(1), 105. <https://doi.org/10.1186/s12937-024-01011-6>
- Spence, C. (2015). On the psychological impact of food colour. *Flavour*, 4(1), 1-9. <https://doi.org/10.1186/s13411-015-0031-3>
- Stribițaia, E., Evans, C. E. L., Gibbons, C., Blundell, J., & Sarkar, A. (2020). Food texture influences on satiety: systematic review and meta-analysis. *Scientific Reports*, 10, 12929. <https://doi.org/10.1038/s41598-020-69504-y> Nature
- Subhaktiyasa, P. G. (2024). *Menentukan Populasi dan Sampel : Pendekatan Metodologi Penelitian Kuantitatif dan Kualitatif*. 9, 2721–2731.
- Sulasmi, S., Mulyadi, M., Rostina, R., Suryadi, I., & Vania, T. (2025). Educational intervention on food coloring awareness among elementary students: A study in Makassar, Indonesia. *Sociality: Journal of Public Health Service*, 4(2), 83-88. <https://doi.org/10.24252/sociality.v4i2.51618>
- Suparhana, et al. (2016). Faktor yang memengaruhi tekstur bakso dan preferensi
- Tauriello, S., McGovern, L., Bartholomew, B., Epstein, L. H., Leone, L. A., Goldsmith, J., Kubinieć, E., & Anzman-Frasca, S. (2021). Taste Ratings of Healthier Main and Side Dishes among 4-to-8-Year-Old Children in a Quick-Service Restaurant Chain. *Nutrients*, 13(2), 673.

<https://doi.org/10.3390/nu13020673>

- Triyatna et al. (2023). Hubungan Kecukupan Energi Dan Protein , Daya Terima Makanan Dan Pola Makan Terhadap Status Gizi Pelajar Boarding School Smp Muhammadiyah 5 Samarinda. *Advances In Social Humanities Research*, 1(8), 986–1002.
- Utari, L. D., Ernalina, Y., & Suyanto. (2016). Gambaran status gizi dan asupan zat gizi pada siswa sekolah dasar Kecamatan Sungai Sembilan Kota Dumai. *Jom Fk*, 3(1), 1–17.
- Ventura, A. K., & Worobey, J. (2018). Early influences on the development of food preferences. *Current Biology*, 23(9), R401–R408.
<https://doi.org/10.1016/j.cub.2012.02.037>
- Wansink, B., Just, D. R., & Payne, C. R. (2017). Mindless eating and healthy heuristics for the irrational. *American Economic Review*, 107(5), 593–597.
<https://doi.org/10.1257/aer.p20171017>
- Wulandari, A., & Kusumawati, A. (2021). Penerapan standar porsi makanan terhadap sisa makanan dan status gizi anak sekolah dasar. *Gizi Indonesia*, 44(2), 107–116.
<https://doi.org/10.36457/gizindo.v44i2.667>
- Zhang, T., Liu, Y., & Li, J. (2025). Impact of oil content and texture changes on children's acceptance of fried foods. *Journal of Sensory Studies*, 40(1), e12845.
<https://doi.org/10.1111/joss.12845>
- Zhang, Y., Chen, J., & Foegeding, E. (2022). Effects of frying conditions on volatile composition and odor characteristics of fried products. *Foods*, 11(11), 1661.
<https://doi.org/10.3390/foods11111661>