

***THE EFFECT OF ZIG-ZAG CARD REMIND MEDIA ON THE KNOWLEDGE OF  
HYPERTENSION PATIENTS AT SUMBERSARI PUSKESMAS***

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***ABSTRACT***

*Hypertension is a non-communicable disease known as the silent killer because it is one of the biggest causes of morbidity. In an effort to increase knowledge for people with hypertension, it is necessary to have educational media as a means of conveying information. The purpose of this study was to determine the effect of giving zig-zag card reminding media on the knowledge of hypertension sufferers at Summersari Health Center. This research is a quantitative research with the type of research method quasi experimental design with the research design used is nonequivalent control group design. The number of subjects in this study were 64 hypertensive patients at posbindu. The results showed that there was an effect on the level of knowledge of hypertensive patients before and after being given the zig-zag card remind media intervention ( $p$ -value = 0.000), and there was no difference in the pretest knowledge levels of the experimental and control groups ( $p$ -value = 0,195). Meanwhile, there was a difference in the posttest knowledge level of the control and experimental groups ( $p$ -value = 0,000).*

***Keywords:*** *hypertension, knowledge, zig-zag card remind*