

The Impact of Counseling and Training on Cadres Knowledge and Skills in Making MP-ASI in Menampu Village, Gumukmas, Jember

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ABSTRACT

Stunting is caused by multifactors that influence each other. One of the causes of stunting is inappropriate complementary feeding. In order to overcome stunting, the Indonesian National Health Ministry conducts specific nutrition interventions by empowering posyandu, which in its implementation is assisted by posyandu cadres. The role of cadres in carrying out their role as voluntary health workers in basic health services is determined by the effectiveness of posyandu. This research aims to analyze the impact of counseling and training on the knowledge and skills of cadres in making complementary food. This researches uses a pre-experimental design with One Grup Pretest – Post test Design. The sampling method used was Probability Sampling with a sampling of 30 people. Data was collected using a checklist sheet and questionnaire. The results of the analysis using the Wilcoxon test showed that there was a differences in the level of knowledge of posyandu cadres regarding MP-ASI before and after education ($p = 0.000$) and there were differences in the level of skills of posyandu cadres in making MP-ASI before and after training in making MP-ASI ($p = 000$). So it can be concluded that there is an effect of MP-ASI counseling on the level of knowledge of posyandu cadres before and after MP-ASI counseling and there is an effect of MP-ASI making training on the level of skills of posyandu cadres before and after MP-ASI training.

Keywords : Counseling, Knowledge, MP-ASI, Skill, Training