

The Modification of Balance Nutritional Game for Elementary School Children of Pondok Dalem 02 Semboro.

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ABSTRACT

Nutritional Knowledge has an important role to determine the level of public health. Various nutritional and health problems can occur due to lack of knowledge about balanced nutrition. One of the problems is imbalance of food intake. Providing nutrition education can optimize nutrition message information for students to overcome problems that occur. One of effective educational media for elementary school children is by through games. This research aims to modify balance nutritional game as an educational media for elementary school children. The type of this research is Research and Development (R&D) with using ADDIE (Analyze, Design, Development, Implementation, Evaluation) model. The subject are 28 students in grade of 6. The primary data collection conducted by using interviews and quistionaires and for secondary data was taken from preliminary study. The conclusion in this study is that balanced nutrition game media is very interesting according to the characteristics of the subject, has a bright color and the results of the material validation get a value of 100% with a very good category, media validation with a value of 97% with a very good category that has been tested for acceptability with values an average of 88.5%.

Keywords : *Balance Nutritional, Elementary School Children, Educational Game*