

**Correlation between parenting packed and PMT-P concerning gaining weight below the red line toddlers ( Study Work Area Clinic Mumbulsari)**

**Radlia Idama Privalova <sup>1)</sup>Dahlia Indah A<sup>2)</sup>Agustina Endah W<sup>2)</sup>**

**ABSTRACT**

The problem of nutrition is one of the defining qualities of human resources. Children under five years old is called golden age child, 90% of individual brain cells grow and develop during this period. Below the red line (BGM) toddlers is a toddler whose weight is equal or below the red on a Card Towards the Healthy (KMS). The prevalence of below the red line (BGM) toddlers in Indonesia by 2013 is 19,6% consists of 5,7% poor nutrient and 13,9% lack of malnutrient. How to overcome malnutrition on below the red line (BGM) toddlers give government the PMT-P. This research aims to analyze the relationship of parenting eat with weight gain and the relationship PMT-P with weight gain to below the red line (BGM) toddlers in the work area Clinics Mumbulsari . This study has been done during December 2014 until January 2015 with case control retrospective study and purposive sampling, the subjects in this study is 28 subjects. The results of research obtained the increase in weight below the red line (BGM) toddlers on the group case as much as 9 toddlers while in control group as much as 2 toddlers. The result of analysis using Chi-square shows that there is a correlation between the parenting packed against gaining weight below the red line (BGM) toddlers and there is a correlation between the PMT-P against gaining below the red line (BGM) toddlers.

*Keywords: Parenting packed, PMT-P, weight gain, below the red line*

- 1) *Student of Politeknik Negeri Jember, Health Department, Study Program of D-IV Clinical Nutrition.*
- 2) *Lecture of Politeknik Negeri Jember, Health Department, Study Program of D-IV Clinical Nutrition.*