

The Correlation Of Knowledge, Diet Perception, and Eating Pattern with the Health Students Nutrition Status of State Polytechnic of Jember

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ABSTRACT

Nutritional status is a measure of the condition of a person's body can be seen from the food consumed and the use of nutrients in the body. The nutritional status of individuals can be influenced by several factors including knowledge, diet percepstion, and eating pattern. This study aims to determine the relationship between knowledge, diet perception and eating patern and nutritional status student of the Department of Health at the Polytechnic of Jember.

This study used cross sectional approach, conducted from October to November 2015. Retrieving date using questionnaires distributed by the researchers to the respondents. The study involved 80 respondents.

Results of the analysis by the Spearman Rank Correlation, relations with the knowledge of the nutritional status values obtained 0.603 ρ ($\rho > 0.05$) showed no significant correlation between the two variables. Perception relationship diet and nutritional status values obtained 0.328 ρ ($\rho > 0.05$) showed no significant correlation between the two variables. Eating patern and nutritional status obtained 0,703 ρ ($\rho > 0.05$) showed no significant correlation between the two variables.

Keywords : Nutritional Status, Knowledge, Diet Perception, Eating patern