

The Relationship between Maternal Knowledge about Food Diversity and Eating Parenting with stunting events in the Work Area of the Kedungjajang Health Center, Lumajang Regency

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ABSTRACT

Stunting can be caused by many factors, including socioeconomic conditions, maternal nutrition during pregnancy, pain in the baby, and lack of nutritional intake of the baby. Toddlers with stunting conditions in the future will have difficulty in achieving optimal physical and cognitive development. Lumajang Health Office Data (2020) states that the number of toddlers experiencing stunting (short and very short) at the Kedungjajang Health Center is 226 toddlers while in 2021 it will decrease to 200 toddlers. This study aims to determine whether there is a relationship between mothers' knowledge of food diversity and eating parenting patterns with the incidence of stunting in toddlers aged 24-59 months in the work area of the Kedungjajang health center, Lumajang Regency. The implementation of the study used a cross-sectional design method, with the target of 59 research samples obtained by simple random sampling, namely toddlers aged 24 to 59 months in Grobogan Village, the working area of the Kedungjajang Health Center, Lumajang Regency. This study was analyzed using the SPSS 16.0 application with univariate and bivariate analysis (spearman rank correlation statistical test). The result of this study is there was no significant relationship between maternal knowledge about food diversity and the incidence of stunting in toddlers in the work area of the Kedungjajang Health Center with a p-value = 0.124 with a rho value of 0.203 which means a very weak correlation. Meanwhile, there is a significant relationship between maternal parenting and stunting and the incidence of stunting in the work area of the Kedungjajang Health Center with a p-value = 0.031 with a rho value of 0.272 which means sufficient correlation.

Keywords : Stunting, Maternal Knowledge, Parenting