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Preface

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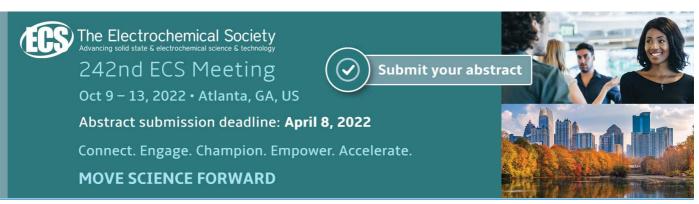
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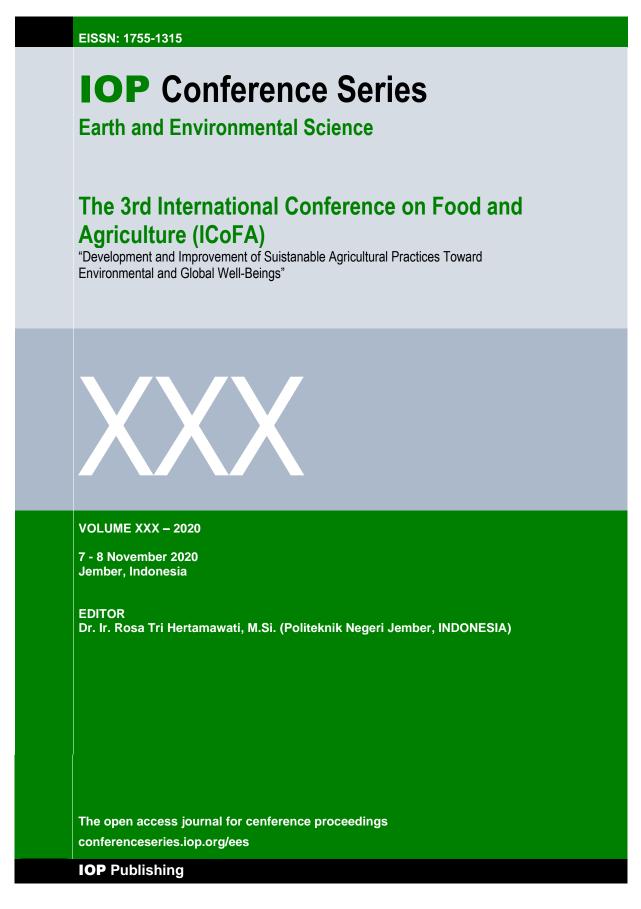
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The 3rd International Conference on Food and Agriculture (ICoFA)

Introduction of ICoFA 2020

We are honoured to present this collection of articles from the 3rd International Conference on Food and Agriculture (ICoFA), organized by Politeknik Negeri Jember (State Polytechnic of Jember). The conference was held in Jember, Indonesia, from 7 to 8 November 2020 and conducted virtually due to the pandemic of COVID-19. This annual event was intended to provide scientific forum and discussion of applied research on food and agriculture.

The theme of "Development and improvement of sustainable agricultural practices toward environmental and global well-beings". There was 180 presenters and participants with 162 article submissions encompassing the topics of Agriculture Engineering and Biotechnology, Organic Agriculture, Agroindustry and Agribusiness, Animal Nutrition, Animal Production, Veterinary Science, Food Science and Technology, Food Safety, Food Security and Sovereignty, IT for Agriculture, and Renewable and Novel Energy Sources.

All submitted articles were reviewed and selected based on its scope as well as quality, and there are 105 articles that are selected for IOP Conference Series: Earth and Environmental Science. The list of committee members and reviewers are available in the pdf file.

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Optimization of making white oyster mushroom with the effect of immersion time and concentration of natrium metabisulphite

by Budi Hariono

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Optimization of making white oyster mushroom with the effect of immersion time and concentration of natrium metabisulphite

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Abstract. White oyster mushroom is a plant that is processed into a variety of food. It damages the shelf life of white oyster mushrooms itself after being har 11sted. The white oyster mushroom has high water content, so necessary to extend its shelf life. The objectives of the study were 1) To decide the effect of different soaking time and sodium metabisulfite concentration on the quality of the flour. 2) Knowing the best treatmen 17 tween soaking time and different Sodium metabisulfite concentrations on flou6 making. The method used in this research is an experimental research method with a randomized block design (RBD) using two factors. The first aspect was the immersion time of 5, 10, 10d 15 minutes. The second aspect is the concentration of sodium metabisulfite as much as 0 ppm, 200 ppm, 400 ppm, and 600 ppm, then the drying process is carried out at 45°C, 55°C, and 65°C. The results of data analysis got the best treatment at a concentration of 600 ppm of sodium metabisulfite with a long soaking time of 10 minutes at a temperature of 55°C protein, the protein content of 1.25%, water content of 4.1% with the whiteness of 83.49.

I. Introduction

The mushroom commodity is one of the six commodities that have high nutritional value and high economic value. According to [2], Six regional superior vegetable commodities able to compete in both domestic and international markets, one mushroom with an average production of 77.94 tonnes/ha. Based on data 2 consumption of mushrooms per year (kg/capita/year) in Indonesia in 2018 is 0.177 kg/capita/year. White oyster mushroom is widely cultivated by farmers in Indonesia because of its ada 2 ve nature to environmental changes and high productivity. But harvested white oyster mushrooms are easily damaged due to their high water content of 86.6% [7].

Changes in the quality of oyster mushrooms include wilting, browning, softness, and taste changes. In Indonesia, commercial food mushroom preservation has not been widely practiced in supermarkets, they store mushrooms at chill temperatures of 15-20°C. At this temperature, the mushrooms can only survive (still fit for consumption) for 3-5 d2s, even though they have been packed with polyethylene plastic [1]. so, necessary to take measures to extend the shelf life of oyster mushrooms after harvest. Accozing to [14] through their research, they can handle oyster mushrooms into powder or flour, which aims to 2 tend the shelf life of oyster mushrooms with higher use-value. One of the important steps to making oyster mushroom flour is drying. This stage aims to reduce the water content of the material, so it can inhibit microbial growth and unwanted reactions. The oyster mushrooms convert into flour causes

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a browning reaction. The enzymatic browning reaction is a reaction that occurs between the polyphenol oxidase and peroxidase enzymes with polyphenols that form quinones polymerized to produce a brown color. Enzymatic browning affects not only the display but also the taste and nutrition of food [5].

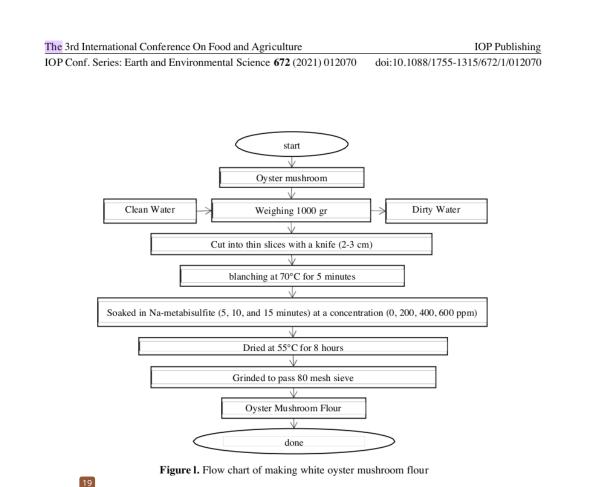
The way to deactivate polyphenol oxidase can be done based on the mechanism of the browning reaction, for example, through the removal of oxygen a reactant in the browning reaction, denaturation of enzyme proteins, protecting interactions with copper prosthetic groups, and interactions with phenolic compounds or quinones [8]. One compound used in deactivating polyphenol oxidase is sulfite. Sulfites are strong inhibitors effective in inhibiting browning and have long been used in the food industry. But excessive use is prohibited by WHO because it will have a negative impact, on people with asthma [12]. The purpose of this study was to decide the optimal transform of making oyster mushroom flour, based on temperature and sodium metabisulfite soaking, and how much flour we can get.

2. Materials and tools

The main raw material used in this research is a fresh white oyster mushroom (Pleuorutus ostreatus) harvested from one of the oyster mushroom entrepreneurs in the Jember Regency. Other materials used are citric acid, sulfite, water, distilled water, and chemicals for analysis. The tools used in this study were ovens, sieves, trays, mixers, knives, spoons, measuring cups, scales, desiccators, porcelain plates, trays, and other equipment.

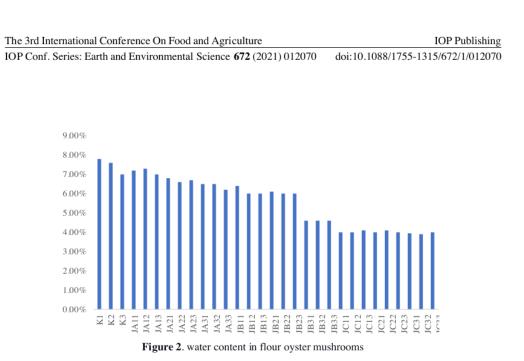
3. Research methods

We conducted this research at the Food Processing Laboratory and 5 Food Analysis Laboratory of the State Polytechnic of Jember, from June to August 2020. We divide the research into two stages, namely celiminary research, and main research. We arranged the preliminary research factorial with a randomized block design (RBD) with two factors and three replications. The first factor is immersion time with three levels, name 10, 5, 10, and 15 minutes. The second factor is the concentration of Nametabisulfite with a level of 0 ppm; 200 ppm; 400 ppm and 600 ppm. Then dried using an oven dryer with a temperature of 55°C for 8 hours.



4. Results and discussion

The results of the analysis of water content in flour oyster mushrooms showed that the highest water content in the drying's control temperature of 45 ° C, with water content, reaches 7, 8% (Fig 2). The lowest water content was the treatment of 600 ppm sodium metabisulfite immersion and drying at 55 ° C, which was 3.9%. This may be because of the white oyster mushroom in the treatment experiencing a decrease in volume, while the white oyster mushroom in the control has a fixed volume. When reacted with water, sodium metabisulfite releases heat. This is supported by [9], which states that the water content in the control has a higher value than the water content in the treatment with a combination of temperature and immersion time.



The hypothesis test used Minitab data analysis with the results of the time and the concentration per immersion, and differences in temperature affect the moisture content of the oyster mushroom flour. As proposed by [11] stated that the ability of the material to release water will be greater with the increasing temperature of the drying air used and the lon 16 the drying transform, so that the resulting water content is lower. This is still under the opinion of [6], that the higher the temperature of the drying air, the greater the heat carried by air so that the more water is evaporated from the surface of the material being dried.

The protein content of oyster mushroom flour produced based on pretreatment ranged from 16.05 - 17.65%. Analysis of variance showed that treatment early significant effect on levels of protein. Protein is an important food substance for the body because it functions as a building block for body tissues and a regulatory agent. The small intestine wall will absorb protein in food consumed by humans in the form of amino acids [15]. Immersion in sodium bisulfite will suppress nonenzymatic browning reactions which can cause protein damage because the secondary amino acids bind to reducing sugar so that the protein content will decrease.

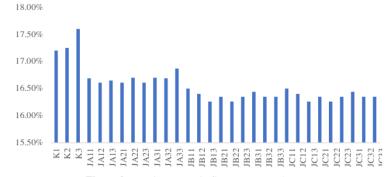


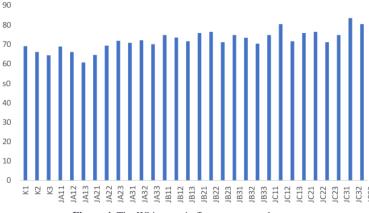
Figure 3. Protein content in flour oyster mushrooms

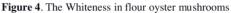
The whiteness of the oyster mushroom flour produced bat on pretreatment ranged from 60.71 to 83.49%. Analysis of variance showed that the pretreatment had a significant effect on the degree of vaginal discharge, where the immersion of sodium metabisulfite with a higher concentration made the

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mushroom flour lighter. In addition, the longer the soaking time and the higher the concentration of sodium metabisulfite, the whiter the mushroom flour will be. The addition of sodium metabisulfite must be under the standards applied by BPOM No. 36 2013, namely not to exceed 200mg-1gr / kg for food products. If it exceeds the largest limit causes an allergic reaction. The addition of the sodium metabisulfite solution will resolve the brown color in the flour recommended for food products. The higher the sodium metabisulfite concentration, the higher the whiteness value. According to [10], apart from being a preservative, sulfites can interact with carbonyl groups. The result will bind to the Melanoids, preventing brown color. According to [4], sodium metabisulfite apart from being an antimicroorganism is also used in a variety of foodstuffs to inhibit non-enzymatic browning, inhibits another enzymatic browning which is catalyzed by enzymes, and as an antioxidant and reducing agent.





The yield of oyster mushroom flour produced based on pretreatment ranged from 6.3 to 8.7%. Analysis of variance showed that the pretreatment had a significant effect on the yield value, where the immersion treatment of sodium metabisulfite with a higher concentration made the mushroom flourless. According to [13], the low yield value is for weight loss due to water loss due to heating. The heating process makes membrane cells more permeable so that the movement of water is not hampered and water is more easily excreted when drying.

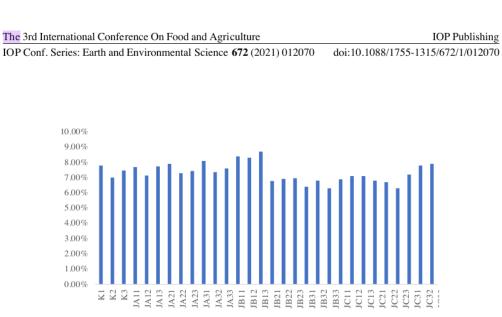


Figure 5. Yield in flour oyster mushrooms

sDetermination of the best oyster mushroom flour is done by considering the parameters that affect the oyster mushroom flour. The water content of the oyster mushroom flour in this study has met the SNI standard of quality I, which is less than 10%, the whiteness of the oyster mushroom flour is taken from the treatment with the highest whiteness and the protein content of the oyster mushroom flour is not too different from the treatment that produces protein content. Oyster mushroom flour with a value range of 16.26% to 17.60%. Of all these treatments concluded that oyster mushrooms flour best with 600 ppm sodium metabisulfite soaking for 15 minutes at a temperature of 55° C.

5. Conclusion

Effect of long immersion time and the concentration of sodium metabisulfite relatively significant effect on the levels of water, levels of the protein, and whiteness of flour oyster mushrooms. Flour quality oyster mushrooms, the best in the treatment of immersion sodium metabisulfite 600 ppm for 15 minutes at a temperature of 55° C.

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